



FINANCIAL POLICY

The fee for individual counseling services is \$150.00 per session. The sessions are fifty minutes in duration and you must give 24 hours' notice if you wish to cancel an appointment or the late cancellation/no show fee will be charged to you. Your insurance company cannot be charged for an appointment you do not attend; we will charge your credit card on file for all missed appointments. If you arrive later than 15 minutes of start time of your appointment, insurance cannot be billed so **you** will be charged for your appointment.

The fee for couples/marriage counseling services is \$180.00 per session. Family sessions are \$225 each. The sessions are fifty minutes in duration and you must give 24 hours' notice if you wish to cancel an appointment or the late cancellation/no show fee will be charged to you. Longer sessions may be available on request, for an additional fee, and based on therapist availability. We do not submit claims to insurance for marriage or family counseling.

The fee for group session is \$40.00 per session. These are educational groups, not family therapy. The sessions are fifty minutes in duration. We do not submit claims to insurance for groups. If you miss a group session that you signed up for, you will still be charged this fee.

If you choose to leave a session early, you may be billed directly for it as we will not submit claims to insurance for shorter sessions.

A credit card will be kept on file to cover all payments and copayments, and an appointment cannot be scheduled without a card on file. All payments are due the day of session.

If you typically lock your card account, or need to transfer funds to make payment, please make sure to do so within 24 hours of the office contacting you regarding a declined payment. Failure to make timely payment may result in being discharged from Mindset Behavioral Health®.

Although Mindset Behavioral Health® is contracted with several insurance companies, it is your responsibility to make sure that your therapist is an in-network provider for your specific plan. If not a participating provider for your plan, you may still select this office for your care; "out of network" benefits will apply if you have them. It is also your responsibility to know your insurance benefits. We strongly advise you to contact your insurance company at the phone number printed on your insurance card to verify your benefits and obtain any authorization information. If you are selecting to file "out of network", you will be required to pay the same day self-pay rate for your visit at the time of your appointment.

Please be advised that we submit claims to your insurance company as a courtesy to you, however the billed amount is ultimately your responsibility. If your insurance provider denies the claim or deems any portion to be your responsibility, the amount billed will be charged to your card on file immediately upon receipt of the processed claim. If your card on file declines the charges, we will charge any other method of payment we have on file for you.

Any billing questions or concerns should be directed to the business office at (918)691-1435 or info@mindset-bhs.com. Should you dispute a charge through your financial institution, this will constitute a breach of contract possibly resulting in, but not limited to, penalties, additional fees, collection, legal action and/or termination of any current and/or future services.

We will send all delinquent accounts to a 3rd party collections company. This may result in negative reports made to the Credit Bureau on your behalf. If your account is sent to collections, you will be responsible for the full amount billed from our office as well as any charges incurred by the collections agency, typically an additional 50% of the amount owed.

Late Cancellation/No Show: \$100

Individual Therapy Session: \$150

Couples/Marriage Therapy Session, 1 hr: \$180

Couples/Marriage Therapy Session, 1.5 hr: \$270

Family Therapy Session (3 or more people present), 1 hr: \$225

Group Session (educational groups): \$40

30 min phone consultation: \$75

School consultations/classroom visitation/IEP attendance: \$150 per hour

Court appearances: \$150 per hour plus travel, preparation, and necessary expenditures

Letter writing: \$150 per hour, rounded to the nearest hour, with a minimum of 1 hour charge

All fees are due at time of service, are subject to change, and are charged to your card on file.

**This does not include copies of your bill, missed work or school letters, release of information forms, nor any other documents used in the day-to-day operation of this office. These are provided at no charge.*

Please note that automated reminders are sent as a courtesy via email or text 48 hours in advance of each appointment. Failure to receive this reminder can occur due to a number of reasons such as client opt-out, technological glitches with cellular providers, or emails filtering to a spam or junk folder. A lack of courtesy reminder does not substantiate a reason to waive the fee for a missed appointment.

BY SIGNING BELOW, I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.

Signature _____ Date _____